

‘Comfort’ from the Psalms

You O Lord are a Shield about me

Psalm 3:3,4 *But You, O LORD, are a shield about me, my glory, and the One who lifts my head.*

(4) *I was crying to the LORD with my voice, and He answered me from His holy mountain. Selah.*

The Lord hears when I call

Psalm 4:3 *But know that the LORD has set apart the godly man for Himself; The LORD hears when I call to Him.*

You have put gladness in my heart

Psalm 4:7,8 *You have put gladness in my heart, more than when their grain and new wine abound.*

(8) *In peace I will both lie down and sleep, for You alone, O LORD, make me to dwell in safety.*

You bless the righteous

Psalm 5:11,12 *But let all who take refuge in You be glad, let them ever sing for joy; and may You shelter them, that those who love Your name may exult in You.*

(12) *For it is You who blesses the righteous man, O LORD, You surround him with favor as with a shield.*

The Lord will be a stronghold

Psalm 9:9,10 *The LORD also will be a stronghold for the oppressed, a stronghold in times of trouble;*

(10) *And those who know Your name will put their trust in You, For You, O LORD, have not forsaken those who seek You.*

The Lord is King forever

Psalm 10:16,17 *The LORD is King forever and ever; Nations have perished from His land.*

(17) *O LORD, You have heard the desire of the humble; You will strengthen their heart, You will incline Your ear.*

My heart shall rejoice

Psalm 13:5,6 *But I have trusted in Your lovingkindness; my heart shall rejoice in Your salvation.*

(6) *I will sing to the LORD, because He has dealt bountifully with me.*

You will not abandon my soul

Psalm 16:5-11 *The LORD is the portion of my inheritance and my cup; You support my lot.*

(6) *The lines have fallen to me in pleasant places; Indeed, my heritage is beautiful to me.*

(7) *I will bless the LORD who has counseled me; Indeed, my mind instructs me in the night.*

(8) *I have set the LORD continually before me; because He is at my right hand, I will not be shaken.*

(9) *Therefore my heart is glad and my glory rejoices; my flesh also will dwell securely.*

(10) *For You will not abandon my soul to Sheol; nor will You allow Your Holy One to undergo decay.*

(11) *You will make known to me the path of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever.*

The Lord Is my Rock and my Fortress

Psalm 18:1-3 *A Psalm of David the servant of the LORD, who spoke to the LORD the words of this song in the day that the LORD delivered him from the hand of all his enemies and from the hand of Saul. And he said, "I love You, O LORD, my strength."*

(2) *The LORD is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge; my shield and the horn of my salvation, my stronghold.*

(3) *I call upon the LORD, who is worthy to be praised.....*

The Lord illuminates my darkness

Psalm 18:28-36 *For You light my lamp; The LORD my God illumines my darkness.*

(29) *For by You I can run upon a troop; and by my God I can leap over a wall.*

(30) *As for God, His way is blameless; the word of the LORD is tried; He is a shield to all who take refuge in Him.*

(31) *For who is God, but the LORD? and who is a rock, except our God,*

(32) *The God who girds me with strength and makes my way blameless?*

(33) *He makes my feet like hinds' feet, and sets me upon my high places.*

(34) *He trains my hands for battle, so that my arms can bend a bow of bronze.*

(35) *You have also given me the shield of Your salvation, and Your right hand upholds me; and Your gentleness makes me great.*

(36) *You enlarge my steps under me, and my feet have not slipped.*

O Lord my Rock and Redeemer

Psalm 19:14 *Let the words of my mouth and the meditation of my heart Be acceptable in Your sight, O LORD, my rock and my Redeemer.*

The Lord saves His anointed

Psalm 20:6,7 *Now I know that the LORD saves His anointed; He will answer him from His holy heaven with the saving strength of His right hand*

(7) *Some boast in chariots and some in horses, but we will boast in the name of the LORD, our God*

The Lord Is my Shepherd

Psalm 23:1-6 *A Psalm of David. The LORD is my shepherd, I shall not want.*

(2) *He makes me lie down in green pastures; He leads me beside quiet waters.*

(3) *He restores my soul; He guides me in the paths of righteousness for His name's sake.*

(4) *Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me.*

(5) *You prepare a table before me in the presence of my enemies; You have anointed my head with oil; my cup overflows.*

(6) *Surely goodness and lovingkindness will follow me all the days of my life, and I will dwell in the house of the LORD forever.*

He shall receive a blessing from the Lord

Psalm 24:1-10 *A Psalm of David. The earth is the LORD'S, and all it contains, the world, and those who dwell in it.*

(2) *For He has founded it upon the seas and established it upon the rivers.*

(3) *Who may ascend into the hill of the LORD? and who may stand in His holy place?*

(4) *He who has clean hands and a pure heart, who has not lifted up his soul to falsehood And has not sworn deceitfully.*

(5) *He shall receive a blessing from the LORD and righteousness from the*

God of his salvation.

(6) This is the generation of those who seek Him, who seek Your face even Jacob. Selah.

(7) Lift up your heads, O gates, and be lifted up, O ancient doors, that the King of glory may come in!

(8) Who is the King of glory? The LORD strong and mighty, the LORD mighty in battle.

(9) Lift up your heads, O gates, and lift them up, O ancient doors, that the King of glory may come in!

(10) Who is this King of glory? The LORD of hosts, He is the King of glory. Selah.

Remember Your compassion

Psalm 25:4-10 *Make me know Your ways, O LORD; Teach me Your paths.*

(5) Lead me in Your truth and teach me, for You are the God of my salvation; For You I wait all the day.

(6) Remember, O LORD, Your compassion and Your lovingkindnesses, for they have been from of old.

(7) Do not remember the sins of my youth or my transgressions; according to Your lovingkindness remember me, for Your goodness' sake, O LORD.

(8) Good and upright is the LORD; therefore He instructs sinners in the way.

(9) He leads the humble in justice, and He teaches the humble His way.

(10) All the paths of the LORD are lovingkindness and truth to those who keep His covenant and His testimonies.

That I dwell in the house of the Lord

Psalm 27:1-5,14 *The LORD is my light and my salvation; whom shall I fear? The LORD is the defense of my life; whom shall I dread?*

(2) When evildoers came upon me to devour my flesh, my adversaries and my enemies, they stumbled and fell.

(3) Though a host encamp against me, my heart will not fear; though war arise against me, In spite of this I shall be confident.

(4) One thing I have asked from the LORD, that I shall seek: that I may dwell in the house of the LORD all the days of my life, to behold the beauty of the LORD and to meditate in His temple.

(5) For in the day of trouble He will conceal me in His tabernacle; In the secret place of His tent He will hide me; He will lift me up on a rock.

(14) Wait for the LORD; be strong and let your heart take courage; yes, wait for the LORD.

The Lord Is my Strength and my Shield

Psalm 28:6-9 *Blessed be the LORD, because He has heard the voice of my supplication.*

(7) The LORD is my strength and my shield; my heart trusts in Him, and I am helped; therefore my heart exults, and with my song I shall thank Him.

(8) The LORD is their strength, and He is a saving defense to His anointed.

(9) Save Your people and bless Your inheritance; be their shepherd also, and carry them forever.

You turned my mourning into dancing

Psalm 30:10-12 *"Hear, O LORD, and be gracious to me; O LORD, be my helper."*

(11) You have turned for me my mourning into dancing; You have loosed my sackcloth and girded me with gladness,

(12) That my soul may sing praise to You and not be silent. O LORD my God, I will give thanks to You forever.

Into Your Hand I commit my spirit

Marvelous His lovingkindness

Psalm 31:19-21 *How great is Your goodness, which You have stored up for those who fear You, which You have wrought for those who take refuge in You, before the sons of men!*

(20) You hide them in the secret place of Your presence from the conspiracies of man; You keep them secretly in a shelter from the strife of tongues.

(21) Blessed be the LORD, for He has made marvelous His lovingkindness to me.....

You are my hiding place

Psalm 32:7-11 *You are my hiding place; You preserve me from trouble; You surround me with songs of deliverance. Selah.*

(8) I will instruct you and teach you in the way which you should go; I will counsel you with My eye upon you.

(9) Do not be as the horse or as the mule which have no understanding, whose trappings include bit and bridle to hold them in check, otherwise they

will not come near to you.

(10) Many are the sorrows of the wicked, but he who trusts in the LORD, lovingkindness shall surround him.

(11) Be glad in the LORD and rejoice, you righteous ones; and shout for joy, all you who are upright in heart.

Our soul waits for the Lord

Psalm 33:20-22 *Our soul waits for the LORD; He is our help and our shield.*

(21) For our heart rejoices in Him, because we trust in His holy name.

(22) Let Your lovingkindness, O LORD, be upon us, according as we have hoped in You.

How precious Is Your Lovingkindness

Psalm 36:5-10 *Your lovingkindness, O LORD, extends to the heavens, Your faithfulness reaches to the skies.*

(6) Your righteousness is like the mountains of God; Your judgments are like a great deep. O LORD, You preserve man and beast.

(7) How precious is Your lovingkindness, O God! and the children of men take refuge in the shadow of Your wings.

(8) They drink their fill of the abundance of Your house; and You give them to drink of the river of Your delights.

(9) For with You is the fountain of life; In Your light we see light.

(10) O continue Your lovingkindness to those who know You, and Your righteousness to the upright in heart.

Trust also in Him, and He will do it

Psalm 37:3-5 *Trust in the LORD and do good; dwell in the land and cultivate faithfulness.*

(4) Delight yourself in the LORD; and He will give you the desires of your heart.

(5) Commit your way to the LORD, trust also in Him, and He will do it.

God Is our Fortress

Psalm 46:1-4 *God is our refuge and strength, a very present help in trouble.*

(2). Therefore we will not fear, though the earth should change and though the mountains slip into the heart of the sea;

(3) Though its waters roar and foam, though the mountains quake at its

swelling pride. Selah.

(4) There is a river whose streams make glad the city of God, the holy dwelling places of the Most High.

My heart is steadfast, O God

Psalm 57:7-11 *My heart is steadfast, O God, my heart is steadfast; I will sing, yes, I will sing praises!*

(8) Awake, my glory! Awake, harp and lyre! I will awaken the dawn.

(9) I will give thanks to You, O Lord, among the peoples; I will sing praises to You among the nations.

(10) For Your lovingkindness is great to the heavens and Your truth to the clouds.

(11) Be exalted above the heavens, O God; Let Your glory be above all the earth.

Hear my cry, O God

Psalm 61:1-4 *Hear my cry, O God; Give heed to my prayer.*

(2) From the end of the earth I call to You when my heart is faint; lead me to the rock that is higher than I.

(3) For You have been a refuge for me, a tower of strength against the enemy.

(4) Let me dwell in Your tent forever; let me take refuge in the shelter of Your wings. Selah.

You answer us in righteousness

Psalm 65:4-10 *How blessed is the one whom You choose and bring near to You to dwell in Your courts. We will be satisfied with the goodness of Your house, Your holy temple.*

(5) By awesome deeds You answer us in righteousness, O God of our salvation, You who are the trust of all the ends of the earth and of the farthest sea;

(6) Who establishes the mountains by His strength, being girded with might;

(7) Who stills the roaring of the seas, the roaring of their waves, and the tumult of the peoples.

(8) They who dwell in the ends of the earth stand in awe of Your signs; You make the dawn and the sunset shout for joy.

(9) You visit the earth and cause it to overflow; You greatly enrich it; The

stream of God is full of water; You prepare their grain, for thus You prepare the earth.

(10) You water its furrows abundantly, You settle its ridges, You soften it with showers, You bless its growth.

Be gracious to us and bless us

Psalm 67:1 *God be gracious to us and bless us, and cause His face to shine upon us—Selah.*

The Lord daily bears our burdens

Psalm 68:19 *Blessed be the Lord, who daily bears our burden, the God who is our salvation. Selah.*

In You I take refuge

Psalm 71:1,3 *In You, O LORD, I have taken refuge; let me never be ashamed.*

(2) In Your righteousness deliver me and rescue me; incline Your ear to me and save me.

(3) Be to me a rock of habitation to which I may continually come; You have given commandment to save me, for You are my rock and my fortress.

Give ear, hear my prayer

Psalm 84:8-12 *O LORD God of hosts, hear my prayer; Give ear, O God of Jacob! Selah.*

(9) Behold our shield, O God, and look upon the face of Your anointed.

(10) For a day in Your courts is better than a thousand outside. I would rather stand at the threshold of the house of my God than dwell in the tents of wickedness.

(11) For the LORD God is a sun and shield; The LORD gives grace and glory; no good thing does He withhold from those who walk uprightly.

(12) O LORD of hosts, how blessed is the man who trusts in You!

His salvation is near

Psalm 85:7-13 *Show us Your lovingkindness, O LORD, and grant us Your salvation.*

(8) I will hear what God the LORD will say; for He will speak peace to His people, to His godly ones; but let them not turn back to folly.

(9) Surely His salvation is near to those who fear Him, that glory may dwell in

our land.

(10) Lovingkindness and truth have met together; righteousness and peace have kissed each other.

(11) Truth springs from the earth, and righteousness looks down from heaven.

(12) Indeed, the LORD will give what is good, and our land will yield its produce.

(13) Righteousness will go before Him and will make His footsteps into a way.

Be gracious to me

Psalm 86:3-7 *Be gracious to me, O Lord, for to You I cry all day long.*

(4) Make glad the soul of Your servant, for to You, O Lord, I lift up my soul.

(5) For You, Lord, are good, and ready to forgive, and abundant in lovingkindness to all who call upon You.

(6) Give ear, O LORD, to my prayer; and give heed to the voice of my supplications!

(7) In the day of my trouble I shall call upon You, for You will answer me.

You are our dwelling place

Psalm 90:1,2 *A Prayer of Moses, the man of God. Lord, You have been our dwelling place in all generations.*

(2) Before the mountains were born or You gave birth to the earth and the world, even from everlasting to everlasting, You are God.

My Refuge and my Fortress

Psalm 91:1-16 *He who dwells in the shelter of the Most High will abide in the shadow of the Almighty.*

(2) I will say to the LORD, "My refuge and my fortress, My God, in whom I trust!"

(3) For it is He who delivers you from the snare of the trapper and from the deadly pestilence.

(4) He will cover you with His pinions, and under His wings you may seek refuge; His faithfulness is a shield and bulwark.

(5) You will not be afraid of the terror by night, or of the arrow that flies by day;

(6) Of the pestilence that stalks in darkness, or of the destruction that lays waste at noon.

(7) A thousand may fall at your side and ten thousand at your right hand, but

it shall not approach you.

(8) You will only look on with your eyes and see the recompense of the wicked.

(9) For you have made the LORD, my refuge, even the Most High, your dwelling place.

(10) No evil will befall you, nor will any plague come near your tent.

(11) For He will give His angels charge concerning you, to guard you in all your ways.

(12) They will bear you up in their hands, that you do not strike your foot against a stone.

(13) You will tread upon the lion and cobra, the young lion and the serpent you will trample down.

(14) "Because he has loved Me, therefore I will deliver him; I will set him securely on high, because he has known My name.

(15) "He will call upon Me, and I will answer him; I will be with him in trouble; I will rescue him and honor him.

(16) "With a long life I will satisfy him and let him see My salvation."

He preserves the souls of His godly ones

Psalm 97:9-12 *For You are the LORD Most High over all the earth; You are exalted far above all gods.*

(10) Hate evil, you who love the LORD, who preserves the souls of His godly ones; He delivers them from the hand of the wicked.

(11) Light is sown like seed for the righteous and gladness for the upright in heart.

(12) Be glad in the LORD, you righteous ones, and give thanks to His holy name.

He is gracious and compassionate

Psalm 112:3,4 *Wealth and riches are in his house, and his righteousness endures forever.*

(4) Light arises in the darkness for the upright; He is gracious and compassionate and righteous.

His lovingkindness is everlasting

Psalm 118:4-6. *Oh let those who fear the LORD say, "His lovingkindness is everlasting."*

(5) From my distress I called upon the LORD; The LORD answered me and

set me in a large place.

(6) *The LORD is for me; I will not fear; what can man do to me?*

My help comes from the Lord

Psalm 121:1-8 *I will lift up my eyes to the mountains; from where shall my help come?*

(2) *My help comes from the LORD, who made heaven and earth.*

(3) *He will not allow your foot to slip; He who keeps you will not slumber.*

(4) *Behold, He who keeps Israel will neither slumber nor sleep.*

(5) *The LORD is your keeper; The LORD is your shade on your right hand.*

(6) *The sun will not smite you by day, nor the moon by night.*

(7) *The LORD will protect you from all evil; He will keep your soul.*

(8) *The LORD will guard your going out and your coming in from this time forth and forever.*

My soul waits for the Lord

Psalm 130:1-5 *Out of the depths I have cried to You, O LORD.*

(2) *Lord, hear my voice! let Your ears be attentive to the voice of my supplications.*

(3) *If You, LORD, should mark iniquities, O Lord, who could stand?*

(4) *But there is forgiveness with You, that You may be feared.*

(5) *I wait for the LORD, my soul does wait, and in His word do I hope.*

You understand my thoughts from afar

Psalm 139:1-18 *O LORD, You have searched me and known me.*

(2) *You know when I sit down and when I rise up; You understand my thought from afar.*

(3) *You scrutinize my path and my lying down, and are intimately acquainted with all my ways.*

(4) *Even before there is a word on my tongue, behold, O LORD, You know it all.*

(5) *You have enclosed me behind and before, and laid Your hand upon me.*

(6) *Such knowledge is too wonderful for me; It is too high, I cannot attain to it.*

(7) *Where can I go from Your Spirit? or where can I flee from Your presence?*

(8) *If I ascend to heaven, You are there; If I make my bed in Sheol, behold, You are there.*

(9) *If I take the wings of the dawn, If I dwell in the remotest part of the sea,*

(10) *Even there Your hand will lead me, and Your right hand will lay hold of*

me.

(11) *If I say, "Surely the darkness will overwhelm me, and the light around me will be night,"*

(12) *Even the darkness is not dark to You, and the night is as bright as the day. Darkness and light are alike to You.*

(13) *For You formed my inward parts; You wove me in my mother's womb.*

(14) *I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, and my soul knows it very well.*

(15) *My frame was not hidden from You, when I was made in secret, and skillfully wrought in the depths of the earth;*

(16) *Your eyes have seen my unformed substance; and in Your book were all written the days that were ordained for me, when as yet there was not one of them.*

(17) *How precious also are Your thoughts to me, O God! how vast is the sum of them!*

(18) *If I should count them, they would outnumber the sand. When I awake, I am still with You.*

The Lord is good to all

Psalm 145:8-13 *The LORD is gracious and merciful; slow to anger and great in lovingkindness.*

(9) *The LORD is good to all, and His mercies are over all His works.*

(10) *All Your works shall give thanks to You, O LORD, and Your godly ones shall bless You.*

(11) *They shall speak of the glory of Your kingdom and talk of Your power;*

(12) *To make known to the sons of men Your mighty acts and the glory of the majesty of Your kingdom.*

(13) *Your kingdom is an everlasting kingdom, and Your dominion endures throughout all generations.*

John 14:26,27 **"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I said to you.**

(27) "Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.

Heb 4:15 For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin.

Heb 4:16 Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.

Isaiah 41:10 'Do not fear, for I am with you; Do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand.'